

גְבוּרָה

G'VURAH

Family Schmooze # 1

Family Schmooze offers a set of open-ended questions that may be discussed around the dinner table, in the car, or anywhere you are together. If there is more than one child in your family, the discussion will bridge the learning and thinking between younger and older, older and younger.

Each week we will be exploring *g'vurah*, a Hebrew word we are translating as one's power or strength used for good. There are plenty of superheroes who use their power for good, but there are certainly others who have power, but do not use it as *g'vurah*.



In this first session of this new module, your children began collecting examples of *g'vurah*. Any time you and your child read a book together, watch a tv show or enjoy a movie, feel free to schmooze about characters that use their *g'vurah* for good. Ditto for identifying real life examples - of those in your family or people you encounter who tap into their *g'vurah*.



ALSO: Know that each week we will spotlight a few children, sharing stories of their *g'vurah*. To support this, we have a request of our adults - identify a time when your child used *g'vurah*, their power and strength, for good. Share the story with your child, with special emphasis on what you identify as *g'vurah*. Beginning next week, children will identify their own *g'vurah*, their own power and strength used to benefit others. While we hope each child will be able to retell their *g'vurah* story independently, details sometimes get garbled. So, we ask that you go to our class's Flipgrid account and share the story, possibly with your child helping with the telling. That will enable us to either support your child in the telling, or use the video during our session. If you have questions, please be in contact.

