

גבורה G'VURAH

Family Schmooze # 2

This week, children each shared a story of a time when they helped another person. Then, *k'vutzah* members gifted each child one or more *g'vurah* qualities they heard in their story.



As you move through the next few days, look for times when your child's *g'vurah* comes shining through – when they use their strength and power for good. Let your child know that you see *g'vurah*; schmooze together about the personal qualities brought to the situation, how they helped others, and how they feel about that effort.



BONUS: If you are looking for a good book to read with a child ages 5–8, consider *Chicken Man*, by Michelle Edwards (it was a PJ Library selection in 2017). It takes place several decades ago on a *kibbutz* (a collective farm in Israel) and focuses on Rudy, a person whose *g'vurah* is making the best of a situation he'd rather not be in.

