

גְבוּרָה

G'VURAH

Family Schmooze # 3

Children have been expanding their understanding of *g'vurah*. This week they listened to a story shared by a guest and identified the *g'vurah* our virtual visitor shared. Their task is to create a story of *g'vurah* - we're looking forward to interesting creativity!



As a family, besides continuing to identify moments of *g'vurah*, it would be interesting to schmooze about feelings around *g'vurah*:

- When is it easy to use one's special powers to help others?
- When is it hard to use *g'vurah* for good?

Another option is to create a long list of the kinds of *g'vurah* everyone has in the family and then consider when it would be helpful to share (or "gift") power between members. There are times when one person can't find their own *g'vurah*, but someone else could share theirs to be helpful. If you have time and energy, this kind of list would be great to "translate" into an art project of your family's choosing.



BONUS: This week, children ages 10+ might enjoy reading, *Boys of Steel: The Creators of Superman*, by Marc Nobleman (both the writer and artist were Jewish). Looking for something interesting to read for yourself? Consider Harry Brod's book, *Superman is Jewish? How Comic Book Superheroes Came to Serve Truth, Justice and the Jewish-American Way*.

