

TOP HESED

Family Schmooze # 2

This session posed an interesting question – What are the acts of *hesed* that children see around them? But a kindness does not always fit the definition of *hesed* used in this module. We ARE trying to be very clear with children that kindness is wonderful, to be applauded and to be strived for. But we are also trying to help them understand that when we talk about *hesed*, it's about going above and beyond the expected.



In this week's mifgash we looked at kindnesses and created "back-stories" that raised very lovely (and kind) situations to the level of *hesed*. You know your child and where they are developmentally – if you are ready to help them push beyond kindness, you might schmooze about opportunities to do *hesed*, whether in real-time or in response to characters portrayed in stories, tv shows or movies.



We leave you with a bonus, a video by Rabbi Danya Rутtenberg who offers great wisdom as a rabbi, an educator and most importantly, as a parent. While her definition (and spelling!) of *hesed* is a bit different from what we have used for the children, this short video is definitely worth watching:

"Chesed, Tzedakah, Tzedek: What's the Difference,"

<https://tinyurl.com/y6mv8kpw>

