

# TON HESED

## Family Schmooze # 3



**This week, children heard from someone who shared hesed work in the community, with a special focus on some of the needs, as well as solutions to address them.**



Yes, it can be difficult for young children to get their hands into hesed work, but it is not impossible. Depending on your family's time and energy, you might be on the lookout for appropriate projects – through your synagogue, education program or community (e.g., Federation, which often has a volunteer network that extends to families with young children).



Sometimes hesed work is organized and communal, but it often is individual and one-on-one. Rabbi Danya Ruttenberg (you met her in last week's Family Schmooze) shares this wonderful story of her own family, and the power of lunchbox notes to inspire a true act of hesed by her young son. Check it out here:

**“How to Raise an Upstanding Child,” with Rabbi Danya Ruttenberg:**

<https://tinyurl.com/y338skc6>

