

קהילה

K'HILLAH

Family Schmooze # 5

This is the last week of the *k'hillah* module. Throughout the five weeks, we not only focused on our Jewish value (community), but we also kept looking through the lens of a quote by Hillel (the bolded parts, below):

- **If I am not for myself, who will be for me?** – We want to empower children to realize that the strength they bring to a *k'hillah* starts with their sense of self-worth, that they have much to contribute to a larger whole. Even if they feel alone and isolated, they have one or more communities that can envelop and support them.
- **If I am only for myself, what am I?** – We want to empower children to actively engage with each important *k'hillah* in their lives, contributing to a shared sense of purpose. Staying connected to one another in new and creative ways is more crucial than ever before.
- **If not now when?** – We want to empower children to find ways to engage with their *k'hillah* now, and in meaningful and lasting ways.



There are all kinds of communities large and small. Our social connections give us purpose and support. Helping your child connect to *k'hillah*, especially when faced by the challenge of the pandemic, isn't easy. But looking for opportunities to weave connections to others creates strength and builds resiliency.

What is your child taking from this module?
What are you taking from this module?

