

סִפְּת שְׁלוֹם

SUKKAT SHALOM

Family Schmooze # 1

Family Schmooze offers a set of open-ended questions that may be discussed around the dinner table, in the car, or anywhere you are together. If there is more than one child in your family, the discussion will bridge the learning and thinking between younger and older, older and younger.

This week, the learners began defining *sukkat shalom* as a place where people can feel safe and protected. [PS – *sukkat* is pronounced soo-kaht.]



Choose one or more of these questions for a *schmooze*, an informal conversation:

- What in our house (or school, or synagogue, or neighborhood) helps us feel safe?
- Who helps us feel safe?
- Where does each family member feel safe and protected?
Where is each person's *sukkat shalom*?
 - Answers might include: a space in the house or outside, in someone's arms, or while involved in a favorite activity.
- How do we (can we) help each other feel safe when something is scary to a family member – a bad storm outside, someone is very sick, when learning at school feels hard, etc. ?

