

סִפְּת שְׁלוֹם

SUKKAT SHALOM

Family Schmooze # 2

This week we expanded the idea of *sukkat shalom* beyond the idea of a physical thing that offers protection (a building, a piece of clothing that wraps one up) to a more intangible one. It might be a parent's hug, a friend's hand, a quiet place to sit in the forest, etc.



Together as a family, see how big a list you can brainstorm of *sukkat shalom* examples, both tangible (what you can see) and intangible (what you can feel or think about). As each person offers ideas, keep track of the number! Feel free to add other examples that pop later in the week, perhaps even ones you see between family members.



BONUS 1: SONG As parent, as caregiver, you will probably enjoy Debbie Friedman's song, "Shelter of Peace." <https://tinyurl.com/yyp85rzs>

BONUS 2: BACK TO BACK (GAME) - Sit with a member of your family, back-to-back, with paper and a writing utensil. Take turns describing your personal *sukkat shalom* while the other person is drawing what they hear described. Then, share the drawings and discuss to see how well the person drawing understood what was described.

